# **Thriving Kirklees Emotional Health and Wellbeing Support Request Pathway** (Access to Child and Adolescent Mental Health Services, CAMHS)

Services for Children and Young People living in Kirklees aged 0-19 (or up to 25 for those with additional needs)



- calls will be signposted elsewhere (e.g. 111, A&E or GP practice)
- 2) The Crisis Team service is only accessible via referral by A&E Departments
- 3) For more detail on Neurodevelopmental Asessment please see the Neuro pathway.
- 4) PCAN Parents of Children with Additional Needs Making a Difference in Kirklees
- 5) KIAS Kirklees Information Advice and Support Service





Short term evidenced based interventions group work and 1-1 counselling and mental health support

Assessment, diagnosis and or/ treatment of complex conditions from specialist element of Thriving Kirklees

#### **In-patient Mental Health Services**

In-patient and daypatient care for those suffering from severe and/or complex mental health conditions that cannot be adequately treated by community CAMHS

# **Vulnerable Groups**

Distinct provision for the vulnerable eg: Looked after Children, child protection cases involved in the youth justice system and child sexual exploitation

#### **Eating Disorder** Service Regional service for serious eating disorder conditions

Emotional /mental health IS **NOT** impacting on daily function

**The Allocated Wellbeing** Support Worker will provide support and guidance over the phone, providing information and resources for the family to try to promote self management.

Where an alternative appropriate support service is identified support will be provided to access with consent, including some of the following options

## **Early Support**

alternative support including, community services statutory providers and the Local Offer

## **Schools/Colleges**

partnership support systems and Emotional Wellbeing Leads in schools/colleges

**Parent/Carers** Local support groups E.g. PCAN\* and KIAS\*

All age disability Maximising independence in preparation for adult life





