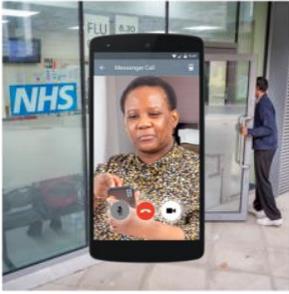




Going to My Annual Health Check Online



The GP surgery will ask you if you would like your annual health check at the surgery or as a video call.



They will discuss with you a date and time for your appointment.



They will ask what support you may need with you at your appointment and any reasonable adjustments that need to be put in place.



They will ask you if you would like the invitation and link to join sent to you by email or text message.



The invitation will have the date and time and a link to join.



They will ask you to complete a pre-health check questionnaire and return it prior to the appointment.



They will send a reminder to you before your appointment either as a text message or email.



You can have someone to support you during the video call.



If there are technical issues, you and the nurse or doctor can try to reconnect.



If you cannot, the GP or nurse will contact you to rearrange the appointment.



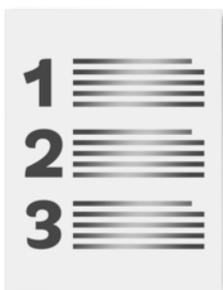
During the appointment, the doctor or nurse may ask you to attend the surgery in person.



If you require a blood test you will be asked to come to the surgery.



A urine sample can be dropped off by you or your support at your surgery.



Make sure you get a copy of your health action plan at the end of your appointment.