

Four themes of preparing for adulthood.

Preparing for adulthood means preparing young people with special educational needs and or disabilities for:

1 Further education and/or employment

Including what your son/daughter will do during the day when they leave school.

2 Being independent

Young people having choice and control over their lives, support and living arrangements, whenever possible.

3 Being part of society

Including having friends and supportive relationships and being part of their local community.

4 Being as healthy as possible

Including adult health services, annual health check, keeping active and mental health.

Who is this service for?

Ages 14-25 (year 9 onwards). Anyone with an EHCP who accesses a specialist school and does not have social care support.

If you do not access a specialist educational setting, we can offer advice over the phone.

How to access support

You need to have an EHCP (Year 9+) in a specialist educational setting.

The person who organises your review can invite us to attend. This would usually be your educational setting.

You can also contact us through Gateway to care on **01484414933** and ask for the My Life Team.

My Life team

Working together to support young people with special needs and disabilities to prepare for adulthood.



About us

The My Life team attends Education, Health and Care Plan reviews for young people in Year 9, 11 and Post-16 (14 to 25 years old) who do not have an allocated worker from social care.

Our role within the review is to share information and advice on the Preparing for Adulthood (PfA) outcomes which are:

Employment – exploring different employment and training options

Independent living – having choice, control and freedom over their lives and the support they have, their accommodation and living arrangements

Health – being as healthy as possible in adult life

Community participation – having friends and supportive relationships, participating in, and contributing to, the local community

We help young people and their families to start thinking about their future and some of the decisions they may need to make, for example what is important to them; what makes them happy; what they would like to do when they become an adult and how they can achieve their goals.

We offer information, advice, and guidance on what adult social care offers. We provide information about services that are available whereby you may not need an adult social care assessment. We also offer information and advice about when and how to get an adult social care assessment if you do need one.

Some frequently asked questions

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What does preparing for adulthood mean and what changes when I become an adult?
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What can I do to be more independent at home and in my local community?
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Would I be able to travel independently?
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How do I find out about local activities / groups I can join?
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What is assistive technology?
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How can I be healthy?
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How do I keep myself safe online?
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Will I be able to manage my own money?
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Did you know as a parent or carer:

It's never too early to think about the future of your son/daughter or someone you are supporting–
<https://www.kirklees.gov.uk/beta/preparing-for-adulthood/preparing-for-adulthood.aspx>

-The Local Offer is there to provide information about services and support available for young people preparing for adulthood locally–
www.kirkleeslocaloffer.org.uk

-You can ask who is involved in your young person's EHC plan and how to contact key professionals

-There is information available regarding decision making and the mental capacity act.

<https://councilfordisabledchildren.org.uk/>

SEARCH

'PFA Factsheet' and download 'PfA Factsheet: The Mental Capacity Act 2005 and Supported Decision Making'